Spirits ever watchful

Whose help we desperately need Whose presence we take for granted Look kindly at our efforts, To carry out intentions; Intentions that were Born in our hearts, Illumined by our thoughts, Set on their path by our will. *If these our intentions are good* If we are to prove worthy of them, Inspire us, Guide us, Strengthen us, So that The divine spirit spark in us May unite with the Spirit of the Earth, May kindle A light, however small, In the present darkness..

~ Rudolf Steiner