## November 2019 (Nov. 2-22)

## Lunch Menu & Order Form

Student Name:	

Class:	

Monday	Tuesday	Wednesday	Thursday	Friday
				1
$\Box$ L	5	6 □L	7 □L	8
Pancakes + fruit	Mexican Lasagna +	Cheesy Egg Casserole	Baked Potato Bar	Grilled Cheese
	fruit			+ fruit
11	12	13 □L	14 □L	15 □L
Pizza + salad	Sweet Potato Soup +	Pasta + veg	Indian Chicken	Grilled Cheese
	bread		+ rice	+ fruit
18	19 □ L	20 □L	21	22
Black Bean Soup +	Tacos + rice	Hot Dog	Chicken Caesar Salad	Tuna Melt + fruit
chips		+ quinoa salad		
25	26 □ L	27 □L	28 □L	29
NO SCHOOL-	NO SCHOOL-	NO SCHOOL-	NO SCHOOL-	NO SCHOOL-
Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break

- \$6 standard meal; \$7 larger portion.
- Use a separate form for each student.
- Circle each date you wish to order.
- For larger portion, check "L" (\$1 extra.) Extra servings \$1.
- Return to "Lunch Orders" mailbox.
- Please include payment with your order.
- Make checks to cash or Elizabeth English.

- \*GF = Gluten Free \*DF = Dairy Free
- Snack IS included. Children will choose from 2 or 3 snack options, usually fruit, cheese, vegetables, boiled egg, pretzels or chips.
- Drinks are not included.
- Your child's home-cooked meals are lovingly prepared off-site by a current health and sanitation professional.